

## EPI Partnership

EPI is excited to partner with the 13th District Juvenile Courts and Judge Edmond Naman's office to provide parenting classes to families who have gotten off track.

Imagine

*who you want your  
kids to become*

Be that.

Our goal is to be a part of the holistic rehabilitation of children and families to help them re-calibrate the compass for their lives.

*"EPI has helped me develop vision for not only my child, but for me as an adult. It has helped me understand myself and my child and how to make better choices for the both of us."*

*-Teacher, Whitley Elementary School*

*"I wish I'd had this 20 years ago as a parent. As a grandparent, I am raising a child with almost a century between us, but after taking this class, I feel I can be successful at it."*

*-Parent, Whitley Elementary School*

Class sessions will be held in concert with Girls and Boys Leadership and are open to parents of youth in and outside of the program with a court referral.

*"This is an excellent program. As a principal, I wish I could round up ALL my parents and just put them in the room with you to teach them!"*

*-Principal, Whitley Elementary School*



Dent Enterprises

Making the Model for Success

PO Box 16171  
Mobile, AL 36606

Phone: 251-545-2100  
jabaria@dententerprisesinc.com  
www.dententerprisesinc.com

Dent Enterprises Inc.

*Making the Model for  
Successful Families*



Effective Parenting Initiative  
A Division of Dent Enterprises

# How can we as parents change bad behaviors and guide our children towards success?

**Effective Parenting is not an accident... it is a skill.**

Effective Parenting Initiative is a parenting program designed by Dr. Charles and Jabaria Dent to help parents to set a course for success for themselves and their children.

Parents in a blended unconventional family themselves, Charles and Jabaria understand the stages of children—and of parents. Just as every child is different, every parent is different at various stages of parenthood. And when dealing with children who can't seem to get along with themselves or anyone else, the challenge of parenting can seem overwhelming. How can we as parents change bad behavior and get our children back on track? How can we help guide our children towards success?



By providing various “tools” in parents’ toolbox, EPI helps parents learn different techniques for building stronger, more effective relationships with their children. EPI helps to shift the paradigm for parenting to one based on goal-setting, communication, praise and modeling positive behaviors before children.

EPI helps parents to model and teach those behaviors they wish to see demonstrated in their children. Focusing on the goals and behaviors needed to help guide children towards success, this program will equip parents with the ability to model and teach skills such as self-esteem, self-discipline/boundary setting, good school and study habits and healthy physical habits.

Over the six week program, parents have an opportunity to create goals for themselves and their children and begin adopting the necessary behaviors to accomplish those goals.

Each two-hour EPI session provides parents a hands-on experience to help them understand where their child is developmentally and how to guide them to where they need to be. By creating their own personal vision statement, life goals and learning how to effectively communicate with their child, parents can begin putting into place best practices for raising healthy, productive children who are able to make good life choices.

## Weekly Content Overview

### ⇒ Week 1: Creating the Compass Pt 1

- Traverse the Timeline
- Values Drive Vision
- Clarify your Values

### ⇒ Week 2: Creating the Compass Pt 2

- Catch the Vision
- Cast the Vision
- Communicate the Vision

### ⇒ Week 3: Developing the Road-map Pt 1

- Social Learning Theory
- Developmental Stages in Children
- Effective Praise
- Thinking Parent Model

### ⇒ Week 4: Developing the Road-map Pt 2

- It Starts with Who?
- School relationships
- De-escalating school and peer situations

### ⇒ Week 5: Adopt the Behaviors

- Family Rules
- Family Meetings
- SMART Goals

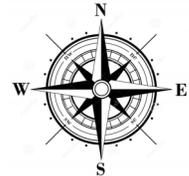
### ⇒ Week 6: Bringing it all Together

- Family matters
- Graduation
- Review and feedback



## GOALS OF EPI

**C**reate the Compass



**D**evelop the Roadmap

**A**dopt the Habits



No matter what your family may look like—whether you’re a single parent, a grandparent or blended family—there is a path to raising happy, healthy children without losing your mind in the process!

Come and let’s learn how to be better parents together.

For more information, or to schedule EPI for parents in your case load, please contact Jabaria Dent at:

**251.545.2100**  
**Jabaria@DentEnterprisesInc.com**